



**Name:** *Pepe Le Pew*

**Breed:** *English Bull Terrier*

**Sex:** *Male*

**Original Complaint:** *Dermatitis, pruritus and pyoderma.*

## THE ALLERGY DETECTIVE CASE FILES

### PEPE LE PEW

#### HISTORY

Pepe was a healthy puppy eating 4 meals a day. His varied diet included beef, lamb, turkey, fish, eggs and ride pudding.

When Pepe turned one he started to become itchy, his feet became swollen and he was licking them until they became sore.

Pepe was presented to his vet with dermatitis, pruritus and pyoderma. His vet sent a blood sample for a **SENSITEST®** Complete Allergy Test.



SENSITEST®

Positive Results

#### Food Allergens

Beef, Lamb, Duck, Turkey, Wheat, Cow's Milk, White Fish.

#### Environmental Allergens

Cocksfoot, Red Top, Perennial Rye, Plantain, Beech, Hawthorne, Oak, Scots Pine, Willow.

#### Indoor Allergens

Storage Mites, Cat Dander, Flea

#### ACTION

As a result of his allergy test Pepe was put on a strict diet of plain chicken and rice for twelve weeks. He was then gradually weaned onto his new diet of chicken or pork with porridge oats and vegetables. All the foods Pepe had loved as a pup were out of bounds!

Pepe also saw his 150ft garden playground being dug up in front of his eyes! The grass was replaced with a weed proof matting and bark to avoid exposure to perennial rye grasses.

#### RESULT

Following these changes Pepe's condition improved dramatically. Several years on he is a happy and healthy Bull Terrier who likes nothing better than paddling in the sea and snoozing on the sofa.

*"His life would have been very different without this test. It would have been a constant battle, in and out of vets and Pepe would have been on long-term medication instead of enjoying his life."*

Stephanie White, Pepe's Owner.



**CASE CLOSED  
SUCCESS**

# THE ALLERGY DETECTIVE CASE FILES

## PEPE LE PEW

### CASE NOTES



**Name:** Pepe Le Pew

**Breed:** English Bull Terrier

**Sex:** Male

**History:** Healthy puppy on a varied diet including beef, lamb, turkey, fish, eggs and rice pudding. At age one developed itchy skin and swollen, irritated feet. Began licking and scratching skin and feet. Presented to vet with dermatitis, pruritis and pyoderma.

**Test:** SENSITEST® Complete Allergy Test.

#### Positive Test Results

##### Food Allergens

Beef, Lamb, Duck, Turkey, Wheat, Cow's Milk, White Fish

##### Environmental Allergens

Cocksfoot, Red Top, Perennial Rye, Plantain, Beech, Hawthorne, Oak, Scots Pine, Willow.

##### Indoor Allergens

Acarus Siro (storage mites), Cat Dander, Flea

**Diet Change:** First 12 weeks strict diet of plain rice and chicken. Other foods then weaned into diet including pork, porridge oats and vegetables.

**Action:** Action was taken to reduce exposure to environmental allergens. This included removing grass from the garden and replacing it with weed-proof matting and bark chippings.

**Result:** Total resolution and has now been a healthy, happy dog for several years.

**Re-Challenge:** Pepe has occasionally come into contact with food and environmental allergens that were positive on his test. A stolen piece of toast or biscuit is fine in small quantities but in larger amounts can cause him to repeatedly scratch his chin on the carpet. He has occasionally been fed lamb by his owners but this has caused him to develop inter-digital cysts which disappeared when the lamb was removed from his diet.

**Reduced Allergic Load:** Now that Pepe's diet has changed and he has less overall exposure to the offending allergens he can cope more easily with exposure to some allergens. For example now he can be walked in long grassy meadows which in the past would have triggered his condition.

**Current condition:** Pepe is now a very happy Bull Terrier who likes nothing better than running through fields and paddling in the sea followed by a long snooze on the sofa and a cuddle with his owner. His life would have been very different without the SENSITEST® Test. It would have been a constant battle and he would have been in and out of the vets and on long-term medication instead of enjoying his life.